

**Clarke County Youth Basketball**  
**League Rules & VHSL**  
**2021**

1. All VHSL rules are followed unless otherwise notes.
2. Eligibility: Participants must be between the ages of six and thirteen. Children who reach their sixth birthday before October 1, 2013 are eligible. Children who are legitimate 8<sup>th</sup> grade will be eligible. Children above 8<sup>th</sup> grade that are still within the age requirements can be eligible if they are not participating in the High School JV or Varsity Program.
3. Regulation women's ball (28.5) will be used in minor and major girl's leagues. Regulation Men's ball will be used in Boy's Major league. Junior size ball will be used in Instructional league.
4. Each team must have a Board approved designated coach and five players available to start the game. A five minute grace period will be granted if needed. The game will be considered a forfeit and the teams can use this gym time for practice or scrimmage.
5. A team will be allowed a maximum of three designated coaches on the bench during games. A female adult will be allowed and highly recommended for girls teams with 2 male coaches.
6. One Instructional league coach will be allowed on the court at the beginning of the season. Coaches move to the sidelines after the first couple games.
7. All players must be in unadulterated official jersey with sponsor name worn properly. (tucked in) It is recommended that coaches acquire 1 extra jersey for blood rule or lost jersey.
8. Length of games:
  - Instructional league games will consist of two fifteen minute halves.
  - Minor league games will consist of four 5 minute quarters with one minute between quarters and 5 minutes between halves. Overtime period will be 3 minutes. (press allowed full period)
  - Major league games will consist of four 6 minute quarters with 1 minute between quarters and 5 minutes between halves. Overtime period will be 3 minutes. (press allowed full period)
9. Minor and Major leagues will run an official clock with score. Instructional league will run a continuous clock that stops only on referee's discretion.
10. A scorebook will not be kept in Instructional league. Fouls and points will not be recorded.
11. Jump Ball to start game and alternating possession thereafter. All Leagues
12. Foul Rules: 5<sup>th</sup> foul disqualification (Technical fouls count as personal and team fouls). 2<sup>nd</sup> technical foul disqualification. One and one foul shots on 7<sup>th</sup> team foul (No double bonus on 10<sup>th</sup> foul).
13. Foul Shots: Instructional 10 feet, minor 12 feet and major 15 feet.
14. Foul Shots: Players occupying a marked lane space may enter on the release of the shot. **The shooter and players outside the three point line may NOT enter until the ball hits the rim. (Majors and Minors)**
15. Three point shots only count as 3 points in the major leagues.

16. Lane Violations: Instructional – no violations (continuous instruction recommended)  
Minor League : 5 second violation  
Major League : 3 second violation
17. Each team is allowed 2 timeouts per half (all full timeouts). Unused timeouts do not carry over. One additional timeout will be granted for each overtime period.
18. Only Players, Coaches and Officials are allowed on the floor during warm-ups, timeouts and halftime.
19. Vulgarity, profanity, or obscene gestures will be a technical foul or immediate disqualification on the player or coach. Bench violation will be charged to the coach.
20. Full Court Press Rule:  
**Minor League** – will be allowed in the last 2 minutes of each half. Teams cannot press if they are ahead by 10 points or more.  
**Major League: will be allowed for the entire 2<sup>nd</sup> and 4<sup>th</sup> quarters. Teams cannot press if ahead by 20 points or more.**
21. Instructional league defense will not be permitted to extend beyond the top of the key. Steals beyond this point will mandate possession be returned to the offense.
22. Team scoring restriction:
- **When a team goes up by 10 or more points they will be restricted to playing defense within the 3 point line. Minor Leagues**
  - **When a team goes up by 20 or more points they will be restricted to playing defense within the 3 point line. Major Leagues**
23. Playing Time Rule :
- **Each player MUST play a minimum of 2 quarters per game. All Leagues**
  - Each player must start a minimum of 2 regular season games. All Leagues
- Any coach who does not comply with minimum play time will be warned on first complaint and play time will be monitored by league. Stricter play time requirements will be imposed on coaches who do not follow the initial standards. Complaint may come from parent, coach, or board member.*